

# Help Us Keep Everyone Healthy



## **Consider wearing a mask.**

We encourage you to wear a mask while in patient rooms and care areas.



## **Clean your hands.**

Clean your hands often with soap and water or hand sanitizer, especially while in health care settings.



## **Avoid touching your face.**

Avoid touching your face and your mask to stop the spread of germs.



## **Stay home when sick.**

Call your health care provider to see if you need to be evaluated. If you are already here, please let us know about your symptoms.