

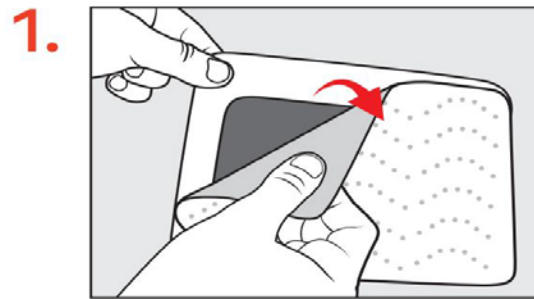
1

READIMASK QUICK INFORMATION GUIDE

2

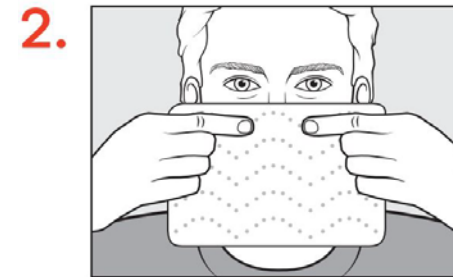
What is a ReadiMask?

- A NIOSH-approved N95 respirator
- Approved by the FDA as a surgical N95
- Self-adhesive
- Disposable
- May be worn under an extended use protocol for an entire shift



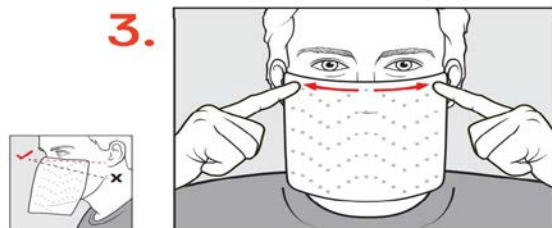
1. REMOVE THE RELEASE LINER

Peel back and remove the entire release liner from the back of the mask.



2. ALIGN MASK TO FACE SHAPE

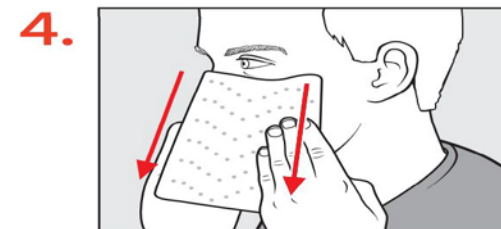
Hold mask with both hands, colored side out, horizontally with the center at the bridge of your nose.



Horizontal application on the tops of the cheekbones towards the ears is crucial. If the mask is affixed in a downward slope towards the bottom of the cheekbones, it could cause improper fit.

3. SEAL THE TOP

Using your middle finger, press the mask down on the bridge of your nose. Press down with both index fingers starting from the bridge of your nose out horizontally towards your ears, ensuring the mask is sealed securely around the contours of your nose and upper cheekbones.

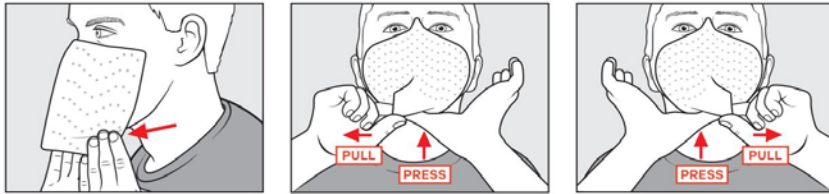


4. SEAL THE SIDES

Open your mouth as if saying the word "NO" and slide your fingers down the sides of the mask towards your chin until your fingers meet. This will ensure you have enough room to breathe and talk comfortably.

7

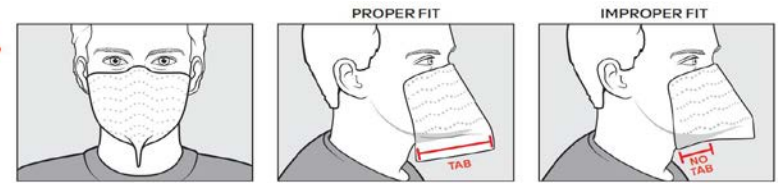
5.

**SEAL THE CHIN**

Use your fingers to pinch together the remaining mask. Pull the bottom of the mask flat against your chin pulling it to one side and use your other hand to push against the bottom of your chin to ensure a good seal. Then pull the chin flap the other direction and repeat.

8

6.

**CHECK PROPER FIT**

Run fingers along the perimeter of the mask. If properly donned, the top border should be horizontal across your upper cheek bones toward your ears, not sloping downward. A tab should be formed along the bottom of the chin from the neck to the end of the chin. Make sure the mask is sealed on the underside of the chin.

CHECK THE SEAL

Breathe in and out deeply. You should not feel any air leaking along the edges of the mask. Over any area where air is felt you should apply pressure on those areas and retrace the adhesive seal border.

9

Useful donning and doffing tips for ReadiMask use

- Practice proper fit of mask by standing in front of a mirror
- Keep mask straight and horizontal. Press down firmly on nose bridge area first
- Press down all areas below chin to ensure complete seal
- View the video on this website for more details:

<https://medical.averydennison.com/en/home/products/personal-protective-equipment/N95mask.html>