The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

## 1. RESPIRATORY AND EYE PROTECTION

### Routine care:
Mask with Eye Protection

### Aerosol-generating procedures:
N95 Respirator with Eye Protection
- Secure elastic bands at middle of head and at neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Ensure respirator fit

-OR-
PAPR

## 2. DISPOSABLE GOWN

- Fully cover torso from neck to knees and arms to wrists
- Wrap around the back
- Fasten in back of neck and waist

## 3. HAND HYGIENE

## 4. GLOVES

- Extend to cover wrist of isolation gown

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**Use Safe Work Practices to Protect Yourself and Limit the Spread of Contamination**

- Keep hands away from face
- Limit surfaces touched
- Change gloves once torn or heavily contaminated
- Perform hand hygiene
# Sequence For Safely Removing Personal Protective Equipment (PPE) For Patients On Droplet And Contact Precautions with Disposable Gown

Outside surfaces of gloves, gown, sleeves, mask and respirator are contaminated! If your hands become contaminated during PPE removal, immediately wash your hands or use an alcohol-based hand sanitizer.

## 1. GOWN
- Grasp the front of the gown with gloved hands
- Pull the gown away from the body until attachments break
- While removing gown, roll inside out into a bundle, touching only the outside of the gown with gloved hands
- Discard the gown into a waste container

## 2. GLOVES
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
- Discard gloves in a waste container in patient room

## 3. HAND HYGIENE

## 4. MASK
- Grasp bottom ties/mask elastics, followed by ties/elastics at the top
- Remove without touching the front of the mask
- Discard into designated bin if soiled OR implement reuse protocol

## 5. N95 RESPIRATOR or PAPR
- Grasp either bottom ties/mask elastics, followed by ties/elastics at the top
- Remove without touching front of the mask
- Discard into designated bin if soiled OR implement reuse protocol

## 6. IMPLEMENT EYE PROTECTION REUSE PROTOCOL

## 7. HAND HYGIENE

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Adapted from CDC Poster: 5/20/20