The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

1. **Respiratory and Eye Protection**
   a. **Routine care:**
      i. **MASK with EYE PROTECTION**
   b. **Aerosol-generating procedures:**
      i. **N95 RESPIRATOR**  
         (underneath mask with eye protection)
         - Secure ear loops or ties/elastic bands at middle of head and neck
         - Fit flexible band to nose bridge
         - Fit snug to face and below chin
         - Ensure respirator fit
      OR
      ii. **PAPR**

2. **LAUNDERED GOWN**
   - Fully cover torso from neck to knees, arms to wrists, and wrap around the back
   - Fasten in back of neck and waist

3. **HAND HYGIENE**

4. **GLOVES**
   - Extend to cover wrist of isolation gown

**USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION**

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene
Outside surfaces of gloves, gown, sleeves, mask and respirator are contaminated! If your hands become contaminated during PPE removal, immediately wash your hands or use an alcohol-based hand sanitizer.

### 1. GLOVES
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
- Discard gloves in trash in patient room

### 2. LAUNDERED GOWN
- Unfasten gown ties, taking care that sleeves don’t contact your body when reaching for ties
- Pull gown away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard in soiled linen bin in patient room, unless reuse protocol in place

### 3. HAND HYGIENE

### 4. MASK
- Grasp either both ear loops or bottom ties/elastics of the mask, followed by the ones at the top
- Remove without touching the front
- Discard if soiled or implement reuse protocol

### 5. N95 RESPIRATOR or PAPR
- Grasp either bottom ties/elastics of the mask, followed by the ones at the top
- Remove without touching the front
- Discard into a waste container if soiled or implement reuse protocol

### 6. HAND HYGIENE